

March 2025 –
April 2025

The Arc Susquehanna Valley is off to a fantastic start in 2025! Thanks to several successful fundraisers, we've raised \$30,015.94 toward our goal of purchasing an accessible van. We are incredibly grateful for everyone's generosity in helping us reach this milestone!

But we're not stopping here—we have three major fundraisers coming up in March and April: **Raise the Region, the "Run for your Money" Derby, and the Gift Card Bingo**. Be sure to check out this newsletter for ways to get involved and help us reach our ultimate goal of \$100,000 to provide accessible transportation for our programs and events.

This spring is full of opportunities to gather, learn, and grow, and we hope YOU will be part of it! - Tessa Moore, Executive Director



Self-Advocate Matthew Sessions sits beside our "Drive to Accessibility" goal tracker. He was our top fundraiser for the whoopie pie sale. Matthew sold an impressive 200 whoopie pies!



Visit thearcsusquehanna.org today!

Join our Facebook Page: "Self Advocates of the Susquehanna Valley"



April 14th

Come show off your talent center stage at The Market Street Arc-aide! Join us on April 14th from 5pm-7pm for an evening of fun and pizza.

Copay:

\$5 for Arc members

\$7 for Non-members



May 14th at 5:30pm

Come on out to Shikellamy Middle School's Cafeteria at 545 Permastone Drive, Northumberland for some tacos, music, and dancing!

Copay:

\$13 for Arc members

\$15 for Non-members



Talent Show

RSVP by March 31st

Name of Self-Advocate Attending:

Name of Care Staff Attending:

If singing a song, please list it here:

RSVP: The Arc Susquehanna Valley
PO Box 892, Sunbury, PA 17801

OR

Drop in the "Events RSVP" Box.

By attending this event, you give permission for your picture to be taken & used for public viewing.

Spring Fling

RSVP by April 23rd

Name of Self-Advocate Attending:

Name of Care Staff Attending:

Phone Number or Email Address:

RSVP: The Arc Susquehanna Valley
PO Box 892, Sunbury, PA 17801

OR

Drop in the "Events RSVP" Box.

By attending this event, you give permission for your picture to be taken & used for public viewing.

TICKETS

**\$45 IN ADVANCE
\$50 AT THE DOOR**

*INCLUDES HEAVY
HORS-D'OUVRES, YOUR
1ST DRINK & MINT
JULEP TASTINGS*

*ASK ANY NON PROFIT
FOR FULL DETAILS, OR
FIND ON FACEBOOK*

SCAN HERE
TO PURCHASE



*ALSO AVAILABLE AT
WHISPERING OAKS
VINEYARD AND THE
DEGENSTEIN LIBRARY*



*RUN FOR YOUR
MONEY*

FRIDAY, APRIL 4, 2025

6 to 8 pm (doors open at 5 pm)

*A DERBY DAY CHARITY FUNDRAISER
PLACE YOUR BETS, ENJOY THE FESTIVITIES,
AND LET THE BEST CHARITY WIN!*

PRESENTED BY: THE ROTARY CLUB OF SUNBURY

HOSTED BY: WHISPERING OAKS VINEYARD

PARTICIPATING NON PROFITS:

ROTARY CLUB OF SUNBURY

SUSQUEHANNA VALLEY CASA - VOICES FOR CHILDREN

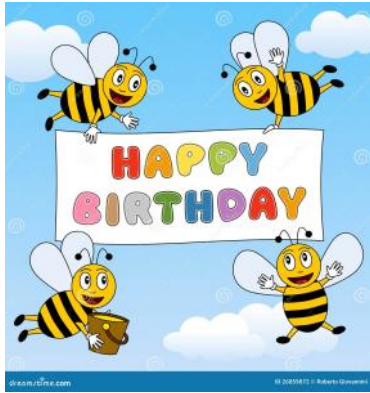
TRANSITIONS OF PA

DEGENSTEIN LIBRARY

SRI (SUNBURY'S REVITALIZATION INC)

SUSQUEHANNA VALLEY UNITED WAY

THE ARC SUSQUEHANNA VALLEY



**Happy Birthday to You, Happy Birthday to You,
Happy Birthday Dear Arc Friend, Happy Birthday to You!**

MARCH: 1st—Sandy Jones; 2nd—Brian Habermehl; 12th—Bonnie Yentsch;

13th—Amy Kerstetter; 16th—Sawyer Yocum; 21st—Paula Naylor; 29th—Seth Jarrett

APRIL: 5th—Christina Stickel; 7th—Lisa Zellmann; 19th—Jamie Spickler; 20th—Ford Yocum; 30th—Brad Kerstetter



Saturday, April 26th

Whispering Oaks Vineyard, Sunbury

Time: 12:30pm

Tickets: \$25 in advance | \$30 at the door

Includes 20 games of Bingo

With \$100 in gift cards per game

Special Games: 3 available for \$5 Each

Food Trucks on site

Drinks available for purchase

Limited tickets available — Gets yours early!

To purchase tickets:

Visit the Arc Office at 326 Market Street, Sunbury

Office Hours: Monday—Wednesday, 10am—3pm

OR Call 570-286-1008.

SELF ADVOCATES OF THE SUSQUEHANNA VALLEY



Contact: Brian Habermehl at
bhab123@ptd.net or (570) 286-1008; Ext. 5

Weekly Classes

All classes take place at **326 Market Street, Sunbury**, with a Zoom link available.

DREAM Class: Mondays, 10am — 11:30am

Technology Tuesday: Tuesdays, 10am — 11:30am

Community Learning Institute: Wednesdays, 10am — 11am

Upcoming Opportunities

March 2025

Monday, March 10: 10:00–11:30am– Discuss anti-bullying project ideas

Monday, March 17: 10:00–11:30am – St. Patrick's Day activities



April 2025

Monday, April 14: 10:00am – 11:30 am – Learn how things are made through YouTube videos and hands-on activities.

Monday, April 24: 10:00am –11:30 am – Plan for community gardening with fun research activities.





Partner Number: 30214

The Arc Susquehanna Valley is a proud partner of Community Aid! When donating items to the Community Aid store in Selinsgrove, please mention that you're donating on our behalf and provide our partner number - 30214. For every pound donated, The Arc receives \$0.13. Thank you for your support!

Please consider donating to The Arc Susquehanna Valley during Raise the Region March 12th and 13th!

Rohrbach's Farm presents:



Seeds of the Future: All Abilities Events



Thursday, April 24th: 4pm—7pm

Meet in the loft and enjoy deli sandwiches

together. Spend time decorating cookies. Bring your favorite dessert to share! Ages 12 & up.

Thursday, May 15th: 4pm—7pm

Meet in the loft. Big Dan's BBQ will provide

dinner. Enjoy games and plant flowers. Bring an empty planter if you want to participate. Planter must be 10-16 inches. Ages 12 & up.

Community Learning Institute:

326 Market St. @ 10am

Book Club: March 5th & April 2nd

Money Management: March 12th & April 9th

Cooking Class: March 19th & April 16th



Thank you Selinsgrove VFW Post 6631!

Special thanks to the Selinsgrove VFW Post 6631 Ladies Auxiliary and everyone who came out to the Bacon Cheeseburger Fundraiser on February 22nd. We raised \$1,900 selling cheeseburgers and \$200 selling tasty treats at Paula and Betty's baked goods stand. All monies raised go to the Accessible Van Fund!

Every fundraiser gets us that much closer to purchasing an Arc Van!

THANK YOU!





Become an Arc Susquehanna Valley member!

NEW OR RENEWED MEMBERSHIPS

Dave & Pearl Bartlett, Stephen Kahler, Hannah Hoffman, Jeff & Gloria Handling, Connor Troutman, James Shields, Paul Strine, Christian Courtney, Jesse Kissinger, Isaac Keefer, & Jane Keefer, Shana Kline, Kate Shaffer, Vanessa Yoncuski, Matthew Sessions, Alyssa Sessions, Mayna Swinehart,

Felicia Reichner, Charles Byerly, Brian Long, Ford Yocum, Joshua Hess, Frank Schrade, Nancy Jo Geise, Brian Lahr, Julie & Amy Michaels, Sandra & Rusty Jones, Alice & Robyn Snyder, Joey Pugliese, Barbara Bickel, Shane Straub, Tammy Ferguson, Scott Mensch, Rebecca Carta, Patricia Zablosky

Why we need YOUR membership!

There are many benefits to being a member of The Arc Susquehanna Valley including discounts on Arc activities. You will automatically become a member of The Arc of Pennsylvania and The Arc of the United States. You will receive their newsletter to keep you informed about issues that affect YOUR rights as an individual within PA and the US. Your dues help pay for advocacy and services locally, statewide, and across the nation! Our members are our backbone.

Renew or become a member TODAY!!!

Membership form

\$15 Individual; \$20 Family

Classification

Self-Advocate Family Member Professional Interested Citizen

Name:

Date of Birth:

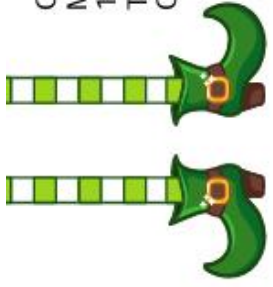
Address:

Phone:

Email:

Return To: The Arc Susquehanna Valley, PO Box 892, Sunbury, PA 17801; (570) 286-1008

*Please take this opportunity to update your information with us! We want to make sure we have your correct address, email and phone number on file to make sure we have a way to keep you connected!



Office Hours:
 Mon-Wed:
 10am - 1pm
 Thurs & Fri:
 Office Closed



March 2025



Saturday

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

2

3
DREAM
Class
10am

4
Tech Tues
10am

5
Book Club
10am

6
Whoopie Pie
Pick Up
12pm-4pm

7

8

9

10
DREAM
Class
10am

11
Tech Tues
10am
AMPES
Bowling Strike
Zone 5:30pm

12
Money
Management
10am
Raise the
Region opens

13

14
Bowling
League
12:30pm @
Strike Zone

15

16

17
DREAM
Class
10am
St. Patrick's Day

18
Tech Tues
10am
Craft with
Paula
11:30am

19
Cooking
Class 10am

20
Women's
Empowerment
Event 11am
-1pm

21

22

23

24
DREAM
Class
10am

25
Tech Tues
10am
Spring Fling
RSVP Due

26
Accessible
Yoga at
Arc @
10am

27

28

29

30

31
DREAM
Class 10am
Talent Show
RSVP Due



Office Hours:
Mon-Wed:
10am - 1pm
Thurs & Fri:
Office Closed

April 2025



Sunday

6

7

DREAM
Class 10am

13

14

DREAM
Class 10am
Talent Show
5pm-7pm

20

21

DREAM
Class 10am

27

28

DREAM
Class 10am

Tuesday

1

Tech Tues
10am

2

Book Club
10am

3

Friday

4

Run for your
Money Derby
Fundraiser
6pm - 8pm

5

Saturday

8

Tech Tues
10am
AMPES Bowling
Strike Zone @
5:30pm

9

Money
Management
10am

10

11

Bowling
League
12:30pm @
Strike Zone

12

15

Tech Tues
10am

16

Cooking
Class 10am

17

18

22

Tech Tues
10am

23

Spring Fling
RSVP Due

24

25

26

Whispering
Oaks Bingo
Fundraiser

29

Tech Tues
10am

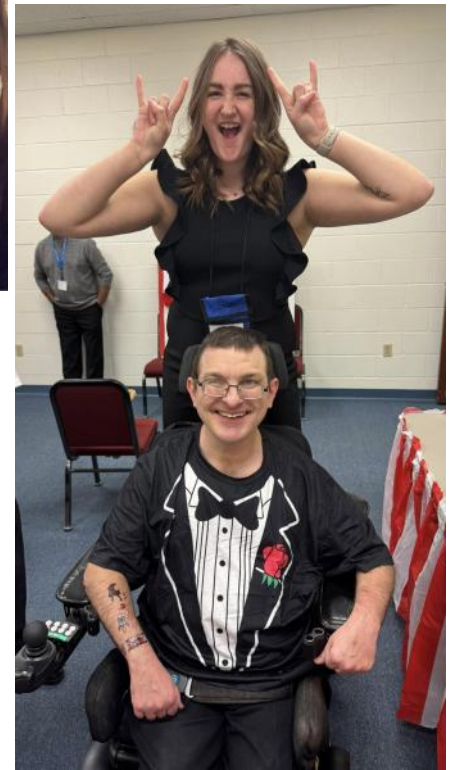
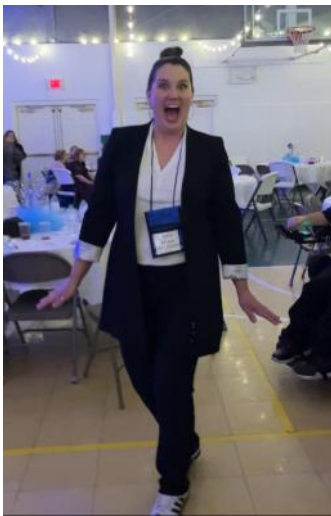
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31

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Arc Members & Staff Having a "Night to Shine"



AMPES Meeting Locations & Times

Milton: Crossroads Church of the Nazarene, Montandon; Every Monday, 6 p.m. to 8 p.m.

Selinsgrove: Rudy Gelnett Library; Twice a month on Wednesday, 5:30 p.m. to 7:30 p.m.

Bloomsburg/Danville: Trinity Apartments; Twice a month on Thursday, 5:30 p.m. to 7:30 p.m.

Sunbury: Market Street Arc-Aide, Every Tuesday, 5:30 p.m. to 7:30 p.m.



Visit <http://www.thearcsusquehanna.org> today!

Donate to The Arc!

The Arc Susquehanna Valley is affiliated with The Arc of the United States, The Arc of Pennsylvania, and other local chapters of The Arc across the country. We serve Columbia, Montour, Northumberland, Snyder and Union Counties in PA

Non-Profit Org.
U.S. Postage
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Sunbury, PA 17801
Permit No. 4

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ADDRESS SERVICE
REQUESTED

